

**LOK SWASTHYA SEWA**

**TRUST**

**ANNUAL REPORT**

**2011-12**

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## **1. Programme for Prevention and Cure of T.B.**

With support from the Ahmedabad Municipal Corporation (AMC), around 1 lakh people were given information and benefit of treatment in Chamanpura and Asarwa areas of the city. During the same year 151 patients received treatment out of which 125 patients recovered fully. 14 patients are still undergoing treatment for M.D.R.T.B.

The numbers for progress in this year are:

	APRIL-JUNE11	JULY-SEP 11	OCT-DEC 11	JAN12- MARCH 12
1. Cure Rate	85.2%	89%	89.9%	84.17%
2. Conversation Rate	91.5%	91.3%	92.6%	91.54%
3. <b>Diflaunet</b> Rate	4.4%	2.9%	8.1%	3.8%

In addition, patients of T.B. were linked with different activities of SEWA like SEWA Bank, Insurance SEWA, Housing SEWA, Child SEWA and Health Care SEWA. During this year, 72 patients were given financial assistance of Rs. 69,750 by the government. HIV/AIDS education was given in the above mentioned areas, in coordination with Aadhaar organization. This linkage with Aadhaar Organisation also aided us in giving T.B. training to medical students and those studying to be sanitary inspectors.

## **2. Child Health Care Programme**

13 Child Care Centers of SEWA were given financial support from Shunya Foundation, Mrudulaben Sarabhai Trust and Daliyaben Foundation for conducting a number of activities under the Child Health Care Programme of LSST, such as

- a) **Balanced Food:** Under this programme children were given a balanced diet through the two meals provided to them at the SEWA Child Care Centers. These meals included a nutritious breakfast and freshly cooked lunch. To track changes in children due to the change in diet, children's height and weight were regularly monitored by the Bal Sevikas and monthly charts were prepared for the same.
- b) **Knowledge with Fun:** To facilitate children's development, a variety of fun activities such as educational picnics, rhymes and poems, drawing and painting, and pottery were carried out. In collaboration with the Indian Sisam Street Programme, we organized a programme named Gali Gali Sim Sim which garnered a lot of attention from children.
- c) **Health Care and Referral:** Regular monthly check ups are conducted at the SEWA Child Care Centers to ensure timely vaccinations and intake of nutrition; collaboration with AMC was initiated for the same. As a result, 390 children were vaccinated, 69 mothers were linked with the Chiranjivi Scheme and different kinds of health related support was given to the parents of children at our Child Care Centers. 125 parents underwent eye testing and were referred to government or trust hospitals for further treatment. In the same year 69 persons were referred to hospitals and pregnant women were linked with Health Centres to receive timely vaccinations and the required pregnancy related information.
- d) **Parents Meeting:** We have always tried to work along with parents for the development of children and thus we organise monthly meetings with parents to talk to them and update them about their children. We have been

continually stressing on greater involvement of fathers in their children's life and thus we try to involve fathers in discussions regarding their children's growth, development and health. Through our efforts the percentage of fathers involved in these monthly meetings rose from 5% to 25%. In such meetings parents' doubts regarding children's health or any other subjects are addressed by experienced doctors.

- e) ***Farewell Function:*** After completing about 3-4 years at our Child Care Centers, a total of 142 children have received admission in the 1<sup>st</sup> grade. Children who pass out of SEWA Child Care Centers and get admission to the 1<sup>st</sup> grade are given a warm farewell and best wishes along with a certificate and memento to further encourage them.

### **3. Employment Related Health Programme**

With help from Department of Science and Technology Delhi and WIEGO, LSST conducted a survey of employment related health problems that affect Papad Workers, Kite Workers, Paper Workers, Knitting Workers, Agriculture labourers and Sewing workers. This further acted as a needs assessment study to identify concerns and requirements of these workers. The educational material and equipments for this study were provided by NID (National Institute of Design) and MID (Mayors Institute of Design) Pune. Following this study, sewing and kite workers were provided with chairs and tables so as to make them comfortable during work, reduce their occupational health problems and to increase their standards of living. To further increase awareness about Occupational Health, a total of 6648 people were given training and conversation was initiated with the Employees Association for Welfare of Workers.

#### **4. Programme to Increase Reach and Awareness of Social Security**

Paycard Foundation provided us with financial help to carry out our Health and Insurance activities. A study was carried out for these activities, by GIRD (Gujarat Institute of Research and Development) in the areas of Surat, Ahmedabad and Ahmedabad District. With help from Technical Advisory, a group discussion format and questionnaire is being prepared for the study.

#### **5. Swasthya Jyot Programme**

Elli Lilly Pharmaceuticals Company provided financial assistance to LSST for conducting trainings on awareness of T.B, educational trainings on different diseases and for setting up health camps in Ahmedabad City. Through this programme we conducted health related activities in 8 wards of Ahmedabad city.

##### ***Group Training***

In the neighboring areas, groups of 20 to 25 girls have been made for giving them proper training for a particular subject in health education. During this year a total of 528 women have been provided health education on infectious and non-infectious diseases and on different government schemes like Chiranjivi Yojana, Janani Suraksha Yojana, and R.S.B.Y and so on.

##### ***Education through Videos and Short Films***

103 persons have been provided information with reference to unhealthy habits, T.B., cholera, HIV/AIDS and cleanliness through screening of short films in public places.

### **Educational Training by SEWA Federation**

***Liaison with Government for Training on T.B.*** -About 80 meetings were held this year to provide information on T.B and different government schemes. Liaison with the government helped us organise a meeting wherein government schemes were explained to people by a government employee, to bring clarity and to remove any doubts. To ensure maximum retention, people were also shown a short film on the same topic followed by a questionnaire. The person with the most correct answers on the questionnaire was awarded with a prize.

***Education through Exhibitions-*** We were able to reach over 80 people through exhibitions on health and different diseases, in their areas. The exhibition was used to focus on symptoms of T.B., its manner of spread, control, treatment, information on nutritious and hygienic food, vaccination, HIV AIDS and so on and forth. Posters and pamphlets were distributed for the same.

***Education through Exposure-*** In order to acquaint people with both T.B. and the scientific advancements made in the direction of curing this disease, a group of 25-30 women were taken for an exposure visit to the City Civic Centre and T.B. Hospital at Astodia, Ahmedabad. Here, the women were given information on T.B. by a health officer at the hospital and made aware about different facilities available in the City Health Centre. The health officer made provisions for these women to be able to directly see the T.B. causing bacteria under a microscope.

***Education through Visual and Interactive and Mediums-*** To have better engagement with the people we work for, we decided to make use of puppet shows to deliver essential information, albeit in a light, fun way. For this particular puppet show our focus was on T.B. We made use of posters to show a clear, vivid picture of T.B., the various types, its manner of progression and its treatment. These activities helped people understand T.B. in a more comprehensive manner and led some of them to visit the hospital all by themselves for treatment. These posters also acted as a mediator between the disease and its treatment as they provided information and contact numbers of hospitals/doctors to enable the patients to seek treatment directly.

***Education through rallies-*** SEWA believes in involving children and youth in their activities, both to influence them and their communities in a positive manner and to influence the next generation of decision makers. We got together with about 100 children from our Child Care Centres to distribute posters and pamphlets on T.B. and other health related subjects. These children also participated in rallies, shouting slogans such as “Timely Check up is the Best Treatment”, “Be Fearless of T.B.” and “T.B. is Curable”.

### **Health Camps**

Based on the needs of our members in different areas, different kinds of health camps were conducted with help from Government hospitals, Trust Hospitals and private hospitals. The issues dealt with were infectious and infectious diseases and a total of 136 camps were organized for the same, through which 7611 people were reached.

## **6. Financial Aid for Education**

One of our members, Rizwanaben, who manages a meager living through sewing, was part of our EDP, wherein she played host to a couple from outside India. Rizwanaben’s husband has a serious heart ailment which makes it impossible to work much. The couple was moved by their condition and thus took it upon themselves to fund their children’s education for the next ten years, through our trust.



## **7. Distribution of Smokeless Chulhas (Stoves)**

In an effort to increase awareness about health issues caused due to normal chulha (stove) and to positively affect the health and environment of members, 84 smokeless chulas (stoves) were distributed in Jhanand village, Dholka Taluka of Ahmedabad District.