

**Lok
Swasthya
SEWA
Trust**

2010 – 11

Annual Report

Introduction

Since its inception in 2005, Lok Swasthya Trust, Ahmedabad focuses on providing various social security services including health care, child care and insurance to poor women and their families. In addition, another major area of concentration for Trust is education and training to poor women who are engaged in informal sector.

Report

From April 2010 to March 2011 Lok Swasthya Trust has conducted following activities matching to its objectives –

1. Tuberculosis (TB) control and curative programme
2. Swasthya Jyot programme
3. Occupational health programme
4. Child care Programme
5. Midwife trainings
6. Village health sanitation committee programme

1. Tuberculosis Control and curative programme

Since last few years Lok Swasthya Trust is helping Ahmedabad Municipal Corporation in its fight against Tuberculosis in the slums of the city. Last year in collaboration with TB society of Ahmedabad Municipal Corporation, the Trust covered a population of 5.75 lacs people in Amraiwadi, Khokhara, Bagefirdos, Satyamnagar, Vastral, Chamanpura and Asarwa areas of Ahmedabad city for providing not only the information but also the treatment on the disease. Further to this, the diagnosis and treatment is done through three microscopic laboratories and ten DOT Centers run by the Trust. 1666 people having symptoms of TB are checked up during the year, out of which 287 having Tuberculosis were put on the treatment. Besides, another 309 people with symptoms of TB were also referred to the Trust's centers from other areas.

Table 1 – Quarterly report for 2010 – 11

Rate	April – June 2010	July – Sep 2010	Oct – Dec 2010	Jan – Mar 2011
Cure rate	85.2 %	89%	89.9%	87.17%
Conversion rate	91.5%	91.3%	92.6%	91.54%
Default rate	4.4%	2.9%	8.1%	3.8%



TB Patient at the DOTS Centre

The approach of the Trust not only to provide services to people but also to support them in accessing existing Government schemes with proper linkages wherever it is possible.. With this view the Trust linked the programme with Government benefit scheme run for the TB patients and coordinated with the Government officials to simplify the procedure. As a result now people are availing the government benefit through a submission of 5 – 7 documents instead of 20 – 22 documents as per the earlier requirement. Last year 58 patients availed this benefit through the Trust. 44 patients with MDRTB (Multi Drug Resistant Tuberculosis) are also being treated under this programme out of which 1 patient has finished his treatment.

2. Swasthya Jyot Programme

Since last three years the trust conducts different activities including health education, camps and referral services with a support from Mumbai based Ily Lily foundation. The main thrust of the programme is to create awareness about tuberculosis through various tools and ways.

➤ Health education –

Health sevikas (Trained health workers) provide health education to the groups of 20 – 25 women and individuals in different areas of the city, where in women are given information about tuberculosis – its symptoms, treatment and prevention. Different tools like posters and pamphlets are used during this education on tuberculosis awareness. Last year 7140 people were educated on health related issues.



MPW at SEWA Sabha providing information on government schemes

In addition, people were given information about tuberculosis through 4 puppet shows and 13 wall paintings.

➤ **Health camps**

Table-2

No	Camp	Group	Participants
1	Eye camp	50	3025
2	Thyroid	1	100
3	Diabetes	1	28
4	BP	3	240



Eye Camp at the community level

➤ **Referral and follow up**

The Trust also refers suspected cases found during health education, individual contacts and camps for further investigation or treatment. Last year 524 people were referred to the hospitals and 85 of them were having tuberculosis and the technical team of the Trust has helped them starting the treatment. The team proactively monitors that these people take proper and regular treatment from the health workers.

3. Occupational Health Programme

Last year Lok Swasthya Trust started a programme on occupational health for poor women and their families. This programme is initiated in collaboration with 'Department of Science and Technology' (Delhi) and WIEGO (Women in Informal Economy Globalizing Organizing) It is executed in Ahmedabad city and district, Surat city and Rajasthan state engaged in rag picking, 'papad kam', agriculture labour, embroidery, kite making, sewing (garment making), Initially a need assessment was done for these workers with National Institute of Design (NID), Ahmedabad and Mayors Institute of Design (MID) Pune . It is noticed that the women doing embroidery are having backache, pain in hands, injuries on fingers and they also have stress on their eyes due to this work.

Secondly, NID has designed a tool for kite makers which are given for use on pilot. It will help them to reduce the occupation related health problems and resulting into increase in productivity and income of the workers.

Last year the Trust also conducted education on occupational health. 580 women were given education on primary health care and reproductive health

in groups. Besides 272 adolescent girls were given health trainings in 16 groups.



Kite Worker



Need assessment of Kite Workers by NID

4. Child care Programme

3 child care centers in the city were given financial support during the year by the trust. Children from 0 – 6 years are benefited from these centers. Here, various activities are conducted for the overall growth of the children including discussion with parents on child growth, parents especially father's participation in child care, different subject on health and importance of nutrition and food. Children were given education through different games, songs and rhymes.

The Trust also coordinates with different health programmes of Government. E.g. children of the centers participate in health related programmes and activities conducted on 'Mamata' day where in they are weighed, vaccinated and malnourished children are also checked with special care. Pregnant mothers are linked with health centers for vaccination and other pregnancy related care and check ups. Children obtain regular health check ups and given nutritious food in the centers. Regular parents meetings are conducted as their contribution plays a very significant role in their children's growth.

5. Dai Training – (Training for midwives)

Education and training has been one of the focus areas of Lok Swasthya Trust. Last year the trust organized refresher training with a support by Gujarat Dai Sangathan. 130 midwives of Ahmedabad district participated in this training to sharpen their skills.

6. Village Health and Sanitation Committee Programme

National Rural Health Mission (NRHM) envisaged community leadership at local level to help tackle health related issues. NRHM stressed the need to create Village Health & Sanitation Committees (VHSCs), a part of the local self-governance structure of the Panchayati Raj Institutions, to promote decentralization. In Gujarat, the formation of VHSNC was completed in 2008-09 but VHSC members were not trained about their roles and responsibilities and were not given any help to build their capacity to perform those roles. So the government with the help from the civil society initiated the process of building capacity of these committees.

LSST took the responsibility of training 172 VHSNC of Ahmedabad district (4 blocks) in the first phase. Before starting the process of training, a baseline was conducted and then Training of trainers (TOT) was conducted by CHETNA. Foundation for Research in Health Systems (FRHS) being the nodal agency coordinated for the overall VHSNC project in Gujarat. After the training, a one day orientation meeting was done and then 2 days training for the VHSC members were conducted at PHC's. The aim of all this was to make the members aware about their roles and responsibility and proper utilisation of the untied fund (Rs.1000/VHSNC). During the training, the members were helped to make village health action plan and SEWA's community health worker helped them in executing the same. As a part of project, follow up meetings were done after the trainings. Based on our experience, we know a year long programme would not show desired result

therefore, we have extended our service of mentoring these VHSNC's till they are equipped.



Training of Village Health, Nutrition and sanitation Committee members at the PHC